

What do I do if a bracket breaks off?

It isn't an emergency unless discomfort is involved. Call the office to schedule an appointment as soon as possible. The appointment will usually require extra time to fix the broken bracket. If it is uncomfortable, call the office and try placing wax in the area until it can be fixed.

What do I do if I loose my retainer?

If your braces have recently been removed in the last 6 months, call the office immediately to schedule an appointment for necessary replacements. If it has been longer then 6 months, call the office as soon as you can, in order to prevent the teeth from shifting.

If my teeth are sore how can I make them feel better?

Over the counter analgesics like Advil, Tylenol, or Ibuprofen work well. If for a child under the age of 12 then follow the instructions indicated on the label.

What if a wire is causing irritation?

If your gums or cheeks are sore and/or swollen, warm salt water rinse will help. 1 tsp. salt to 8 oz of water. Topical anesthetics, like Orabase, are also useful for cold sores and irritated cheeks.